

Demarest Digest



Calendar of Events



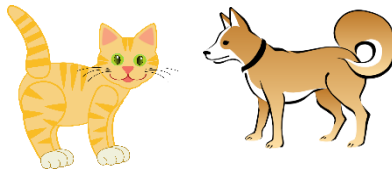
Official Borough Newsletter
Volume 50 No. 4 December 2018



- December 2 Menorah Lighting at 7 pm at the Gazebo
- December 4 Tree Lighting and Santa arrival at 7:30 pm at the Railroad Depot
- December 4 Municipal Court 5:30 pm
- December 6 Senior Holiday Crafts Workshop 10:00-12:00 Please call (201) 768-0167 Ext. 110 for information.
- December 10 County Road School Open House for Early Learner 3:30 pm
- December 10 Mayor and Council meeting 7:00 pm
- December 13 Demarest Middle School Winter Concert 7:00 pm
- December 17 Mayor and Council meeting 7:30 pm
- December 24-26 Public Library closed. December 31, open 9am-1pm
- January 2 Mayor and Council Sine Die and Reorganization meetings 6:00 pm
- January 16 Municipal Court 5:30 pm
- January 19 All about Bees Garden Club program 2:00 pm (see newsletter article)
- January 23 Board of Health meeting 7:45 pm
- January 28 Mayor and Council meeting 7:30
- February 1 The Edible Landscape Garden Club program (see newsletter article)
- February 5 Municipal Court 5:30 pm
- March 1 Birds in the Backyard Garden Club program 2:00 pm (see newsletter article)
- March 5 Municipal Court 5:30 pm

Happy Holidays! from the Demarest Mayor, Council and Staff!

Please visit the website calendar for a complete list of Borough meetings. If you notice any misinformation in this newsletter or on our website, please contact Marti Francis (francis.demarestnj@gmail.com or 201-768-0167, ext. 110) so that I may correct it.



Board of Health News

It is that time of year again! Time to renew your dog and cat licenses for 2019. Pet license applications will be mailed at the end of December and will also be available at the Borough Hall and on the Borough website. All dog and cat licenses are issued starting in the month of January and are due by March 1st. All dogs and cats MUST BE licensed by March 1, 2019. Late licensing will be subject to a \$25 late charge plus the license fee. Every year, in order to be licensed, all dogs and cats must have current rabies vaccinations, expiring no earlier than November 1, 2019. If you have any questions please contact the Board of Health @ 201-768-0167 ext. # 130.

The Demarest Board of Health sponsored the Matter of Balance Program this fall, which was facilitated by health educators from the Bergen County Department of Health Services. The attendees received educational information on the prevention of falls and participated in light exercises. The program was well received by the attendees, and the intention is to repeat the program next spring. Please contact the board of health with any suggestions for future programs. Check out our Demarest Board of Health Facebook page and the borough website for updated information on our programs, clinics and information on health issues.

Demarest Public School News

Preschool Open House for Demarest Early Learners

Preschool Open House will take place on Monday, December 10, 2018 at 3:30 pm at County Road School in Demarest, N.J. Please join us for a very informative session on the Demarest Early Learners (DEL) Program.

Winter Concert

The Demarest Middle School (DMS) invites the community to come and see their winter concert on Thursday, December 13, 2018, at 7:00pm at DMS gymnasium. Please come see the showcase of our musical talents!

Kindergarten Registration for Demarest Public School

Demarest Public School Kindergarten registration for Fall 2019-2020 will take place December 10 through December 12, 2018 during the hours of 9:00 am - 11:00 am and 1:00 pm to 2:30 pm each day. Please call to make an appointment with Kathy Daly, County Road School secretary, at 201-768-6060 EXT. 51535. All registration forms can be found online at <http://demarestsd.schoolwires.net>. Please bring the completed forms along with the child's original birth certificate, three (3) proofs of residence, such as a deed, lease, utility bill, etc. Children are eligible for Demarest kindergarten in September if they are five years old by October 1, 2019.

The Art School at Old Church

The Art School at Old Church is pleased to announce its winter session of classes: January 8, 2019 to mid-March. Registration is open now till the start of the semester.

The Art School offers classes for adults, teens, families, and children, including those with special needs. As it does each semester, The Art School offers a variety of beginner to advanced classes in everything from pottery to needle felting, painting to photography. Winter 2019 features brand new classes for children, teens, families, and adults as well as new workshops taught by guest faculty artists.

During The Art School's one- and two-day workshops, participants can hone a skill and create something new in a short amount of time. Winter 2019 workshops include "Printmaking: Exploring Evolon," with guest artist Dorothy Cochran; "Working in Series: Slow Wheel, Soft Clay," with guest artist Jane Herold; "Mold-Making for Concrete and Resin." with faculty member Susan Sloan; and "Enhancing your Narrative through Photography," with guest artist Julie Scholz.

New children's classes include "We Are American Artists!," in which students will learn about the styles, techniques, and lives of some of the country's greatest artists, from the colonial times to present, all while learning about composition, color, and form and creating pieces of their own with Karen Elder; "Animals 1-2-3!," in which students will create drawings, collages, and sculptures of animals with new faculty member Nicole Pillorge Walla; "Illustration and Smashing Designs," perfect for the burgeoning designer in your life, with Kathy Eisler. Children will learn to illustrate figures with gestures and poses and patterns and textiles. They'll also make wearable fashions, including shoes, hats, and shirts; and "Art Exploration: For Students with Special Needs," with John Mungiello. In this last class, students will move at their own pace, engaging in meaningful and fun art experiences including drawing, painting, creating comics, using mixed media, and much more, all with individualized attention from the instructor.

In "Pottery for Teens" with Michal Niv, students will learn the basics of wheel-throwing to make functional pots such as bowls, cups, and jars. The teens will also experiment with hand-building techniques, allowing them to sculpt, add functional elements, and/or decorate their wheel-thrown pot's surface. "Who are You? Portraiture Techniques and Portfolio Development" with John Mungiello is another new teen class. Students will learn to draw the face in different ways and mediums, focusing on fine art, illustration, and comics and think about what a portrait can say and do. This class will also allow the opportunity to build a portraiture portfolio for art school and AP art classes.

Family art classes are a wonderful way to spend quality time together! This winter, John Mungiello and Karen Elder will teach "Drawing and Painting for Families" and "Mixed Media for Families." Both classes provide unique opportunities for children and parents (or grandparents!) to create a variety of art projects together. Not sure which medium, teacher, or class is right? Take a workshop and get a taste or stop by the school and the staff will gladly help! **Registration is open now. Winter courses begin on January 7.** Call 201-767-7160 for a printed catalog or visit www.tasoc.org.

A Reminder from the Demarest Ambulance Corps On Cold Safety

Winter adventures can be exciting, and as long as you are prepared to keep yourself warm, you'll be fine. Of course, frigid winter conditions make the proper choice and use of clothing more vital than at other times of the year. Keep warm by following this C.O.L.D. process:

C-Clean

Since insulation is effective when the heat of your body is trapped by dead air spaces, keep your insulating layers of clothing clean and fluffy. Things like dirt and perspiration can mat down these insulating air spaces and reduce the warmth of the garment.

O-Overheating

Avoid overheating by adjusting your layers of clothing to meet the outside temperature and the exertions of your activities. Excessive sweating can dampen your clothing and cause chilling. See C above.

L-Loose Layering

A steady flow of warm blood is essential to keep all parts of your body heated. Wear several loose-fitting layers of clothing and footwear that will allow maximum insulation without impeding your circulation.

D-Dry

Damp clothing and skin can cause your body to cool quickly, possibly leading to frostbite or hypothermia. Keep clothing dry by avoiding clothes such as cotton. Brush snow from your clothing before it melts. Loosen the clothing around your neck and chest. Body heat drives perspiration through many layers of breathable cloth, so do not wear waterproof clothes.

Headgear

The body loses the most heat, 80%, through your uncovered head. This happens because of the many blood vessels that are close to the skin's surface. Wearing a hat or other head protection will help conserve this heat loss.

Demarest Ambulance Corps Seeks Volunteers

The corps is currently in dire need of volunteers in our own Demarest community. We are recruiting moms, dads, and empty nesters to train as EMTs. Healthcare professionals such as doctors, nurses, and nurse practitioners can quickly become EMTs with a short transition course and test. All training is provided free of charge. We also welcome those who prefer to be EM Responders. Learning to provide emergency medical care is an invaluable asset for your loved ones, friends, and neighbors. Please join us to help us to help you.

Since 1961, the Demarest Volunteer Ambulance Corps (DVAC) has been providing emergency medical services 24 hours a day depending solely on dedicated volunteers. These volunteers answer 911 calls for help asking for nothing in return and at no cost or charge to anyone. For more details call 201-767-8050 (leave name and number); also, feel free to like us on "Facebook."

CCO Reminder from the Building Department

In order to rent or sell your home, a Certificate of Continued Occupancy is required. You must complete the application, pay the required fees and have the home inspected prior to any change in occupancy or ownership. This process takes approximately 4 weeks, so make sure you allow ample time. Any question, please call Kate Williams at 201-768-3398.

Snow Notice Reminder from the DPW

Winter is just around the corner! During the winter season, please do not blow snow or clean your vehicle into the roadway. Also, please do not follow closely behind plow trucks. The Department of Public Works needs to clear the streets several times throughout a storm; therefore, your driveway apron may get plowed in several times. Please be patient, and thank you for your help.

Donny Russell, Superintendent

Municipal Parking

If you are in need of additional parking or somewhere to store a vehicle that should not be parked in your driveway, there are spots available downtown for a nominal permit parking fee. To inquire, please call the Borough Clerk, Susan Crosman, at 201-768-0167, ext. 139, for further details.

Removal of Large Appliances and Other Equipment

Please call IWS sanitation at 201-768-5407 to schedule an appointment for the pickup of large appliances and other household equipment. Refrigerators, air conditioners, and ice makers must have the Freon removed by a certified service person before pickup. If you are buying a new appliance, please check with the merchant as to whether it will remove and dispose of the old appliance.



November 12, 2018

PUBLIC SAFETY NOTICE AFTER-SCHOOL PARKING & PICK UP GUIDELINES

We are happy to see children walking from school and visiting the library after-school while they wait for parents to pick them up. As you know, Hardenburgh Avenue is very busy during the after-school hours. Please **remind your child to walk slowly near the library intersections and to stay away from the sidewalks** while waiting to be picked up.

In the interest of your child's safety, the library would like to remind residents of our parking and pick up guidelines.

- The library parking lot's limited spots are **reserved for people who are using the library or attending meetings at the library**. If you are just picking up your child, we request you to park further up on Insley Street and walk to collect your child from the library.
- **Please not double park on Insley Street** or pull up in front of the parking lot to pick up your children. You might "only be a minute" but not only is this very dangerous for your children, it's also inconveniencing the vehicles parked in the lot, AND it's illegal.
- The Demarest Police Department enforces the **NO parking rule on the East side of Insley St and the West side of Stelfox St**, just past the stop sign at Hardenburgh Ave. Both No Parking areas are highlighted in RED on the picture below.



The library is open:	Monday, Wednesday & Thursday	9 am – 8 pm
	Tuesday & Friday	9 am – 5 pm
	Saturday	9 am – 1 pm
	Sunday	1 pm – 5 pm

Thank you for your cooperation and happy holidays!

90 HARDENBURGH AVENUE DEMAREST, NJ 07647 {[map](#)}
(201) 768 8714 demacirc@bccls.org

Demarest Garden Club News

The Demarest Garden Club is a 501.c3 not-for-profit organization. Its mission is to promote and encourage the exchange of horticultural knowledge to foster an interest and love of gardening, floral design, and educational pursuits of the preservation of conservation while promoting horticultural projects throughout the community. Local garden clubs are the grassroots organizations that help in educating our communities about the importance of preserving our environment.

Our civic projects are the maintenance and preservation of The Davies Arboretum on Anderson Avenue and the RR Station garden and planters throughout the year. The Demarest Garden Club (DGC) does garden therapy outreach programs at local senior care facilities and middle and elementary school planting projects.

Business meetings are held at 1:00PM, first Friday monthly, September thru June, at the United Methodist Church on Hardenburgh Ave. Guest speakers present their programs at 2:00PM; they are open to the public. Refreshments by the hospitality committee follow.

Garden Club Dates of Interest

November 29 to December 2, 2018 Holiday Open House at Skyland Manor, NJ Botanical Gardens, Ringwood, NJ. The Demarest Garden Club helps to decorate an area at the Manor house for this fundraiser. Make the trip and enjoy the beautiful holiday displays our many volunteers have created.

January 4, 2019	Program "All about Bees," Speaker Patrick Harrison, owner of HarBee, LLC
February 1, 2019	Program "The Edible Landscape," Speaker Emil Rostello, Jr.
March 1, 2019	Program "Birds in the Backyard," Speaker Jim Wright

Field Trips are also a part of our agenda: We visit public and private gardens and arboretums, horticultural and environmental events such as the NJ and Philadelphia Flower shows, and the NJ Botanical Gardens Skyland Holiday Open House.

Our annual fundraiser is a pre-order plant sale that includes annual and perennial plants and flowers. Visit our website (www.demarestgardenclub.org) in February and March to order. Our prices are very competitive and reasonable. The proceeds help to fund the club's civic projects and activities and support the Garden Club of NJ environment projects throughout the state. Pickup at the United Methodist Church is in early May, just in time for post-frost mid-month planting.

Membership is open to everyone and anyone who is interested in learning about and preserving your own and the community gardens. You don't have to an expert. Contact us at our website at www.demarestgardenclub.org or call membership chairwoman, Elisabeth Evans at 201 768-0263.